

# 2018 WOMEN'S LIFESTYLE

## Prioritize You

**JANUARY:** POSITIVITY, CONFIDENCE, GROWTH, EVALUATION, RELATIONSHIPS, PAMPERING, GUILT-FREE LIVING

## Follow Your Heart

**FEBRUARY:** HEART HEALTH, LOVE, INDULGE, CONNECTION, PASSION, COMMITMENT, KINDNESS

## Discover the Possibilities

**MARCH:** INNOVATION, BREAKTHROUGHS, TRENDS, TECHNOLOGY, EDUCATION

## The Best Of

**APRIL:** 20TH ANNIVERSARY EDITION

## Bloom

**MAY:** EMBRACING BEAUTY, GARDENING, OUTDOOR LIVING, REJUVENATION, THRIVING, GROWTH, RENEWAL, BABIES

## Dare to Venture

**JUNE:** CHALLENGE, EXCITEMENT, GOING OFF THE GRID, LIVING FULLY, EXPLORATION, STAYCATION

## Join In!

**JULY:** COMMUNITY ENGAGEMENT, VOLUNTEERING, CLUBS, PARTIES, ENTERTAINING, PARTY VENUES, RECEPTIONS

## Think Big

**AUGUST:** SUCCESS, BOLDNESS, KNOW-HOW, ASSERTIVENESS, TENACITY, ACHIEVEMENT, BUSINESS SAVVY, GO FOR IT

## Express Yourself

**SEPTEMBER:** CREATIVITY, CONFIDENCE, ART, LEARNING, WRITING, LEARNING, CLASSES, WORKSHOPS

## Inspire Hope

**OCTOBER:** COURAGE, RESILIENCE, COZINESS, HEALTH, FAMILY, SUPPORT

## Savor the Season

**NOVEMBER:** GRATITUDE, ENTERTAINING, FOOD, DRINK, SHOPPING, INTERIOR IDEAS

## Create Joy

**DECEMBER:** GIVING, MERRIMENT, NEW TRADITIONS, HEARTWARMING, FAVORITE THINGS

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**ESSENTIAL • ENTERTAINING • ENLIGHTENING**